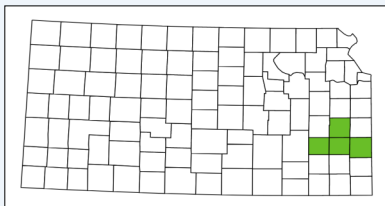


Adult Obesity - 2015

Public Health Preparedness Region:

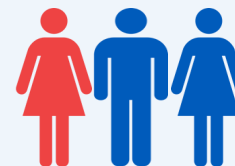
Southeast Kansas (SEK)

Multi-County Region



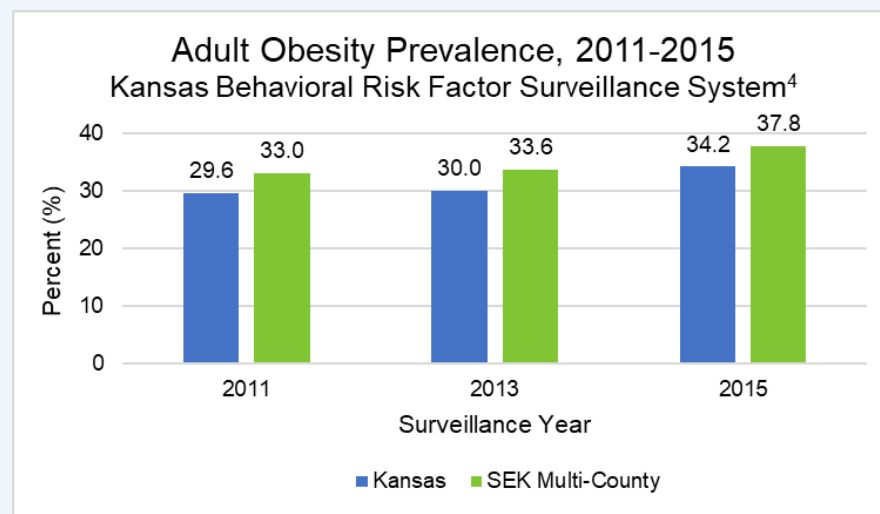
Counties

Allen, Anderson,
Bourbon & Woodson



Over 1 in 3 adults ages 18 years and older in the Northeast Corner Regionalization Initiative were obese. The obesity prevalence for this region in 2015 (37.8%, 95% CI: 31.8% to 43.7%) was similar to Kansas (34.2%, 95% CI: 33.4% to 35.0%).⁴ The prevalence of obesity has not changed significantly in this region since 2011. There were no significant differences in obesity prevalence in this region among demographic and risk factor groups. See Table 1 for

Overview



For more information, contact: Kansas Department of Health and Environment. Bureau of Health Promotion. 1000 SW Jackson, Suite 230, Topeka, KS 66612

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Table 1. Adult Obesity Among Population Subgroups, 2015 Kansas BRFSS⁴

Southeast Kansas Multi-County Region

Notes:

Numerator: Respondents with a BMI greater than or equal to 30, based on self-reported height and weight.

Denominator: All respondents, excluding unknowns and refusals.

Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution.

Please refer to the Technical Notes for more information at <http://www.kdheks.gov/brfss/technotes.html>.

References 1. Centers for Disease Control and Prevention. Healthy Weight. About Adult BMI. August 29, 2017. Available at: https://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/index.html. Accessed on March 10, 2018. 2. Centers for Disease Control and Prevention. Overweight & Obesity. Adult Obesity Facts. August 29, 2017. Available at: <https://www.cdc.gov/obesity/data/adult.html>. Accessed on February 18, 2018. 3. Office of Disease Prevention and Health Promotion. Nutrition and Weight Status. Overview. 2018. Available at <https://www.healthypeople.gov/2020/topics-objectives/topic/nutrition-and-weight-status>. Accessed on February 18, 2018. 4. Kansas Behavioral Risk Factor Surveillance System-Local Data, 2015. Kansas Department of Health and Environment, Bureau of Health Promotion website. 2018. Available at <http://www.kdheks.gov/brfss/BRFSS2015/index.html>. Accessed on February 18, 2018.

Region	Weighted %	95% CI
Kansas	34.2%	33.4% - 35.0%
SEK Multi-County Region	37.8%	31.8% - 43.7%
Gender Group		
Men	39.7%	31.1% - 48.4%
Women	35.6%	27.6% - 43.7%
Age Group		
18 to 44 Years	36.3%	25.6% - 47.1%
45 to 64 Years	40.3%	30.7% - 49.9%
65 Years and Older	34.9%	25.7% - 44.1%
Ethnicity Group		
Hispanic	*	* *
Non-Hispanic	37.7%	31.7% - 43.8%
Race Group		
White	36.7%	30.6% - 42.8%
African American	*	* *
Other	*	* *
Multi-Race	*	* *
Education Group		
High School Graduate or Less	36.8%	28.3% - 45.4%
Some College or College Graduate	38.8%	30.6% - 47.1%
Annual Household Income Group		
Less than \$35,000 per Year	41.3%	31.5% - 51.2%
\$35,000 or Higher per Year	37.7%	29.1% - 46.4%
Disability Status Group		
Living with a Disability	42.2%	31.3% - 53.3%
Living without a Disability	35.7%	28.7% - 42.7%
Leisure Time Physical Activity Group		
Participates in leisure time physical activity	33.4%	26.0% - 40.7%
Does not participate in leisure time physical activity	49.4%	38.2% - 60.6%
Smoking Status Group		
Current smoker	43.9%	30.0% - 57.8%
Non-smoker	35.5%	29.0% - 41.9%
Health Insurance Status Group		
Insured	38.7%	32.4% - 44.9%
Uninsured	*	* *